

McGregor ISD
School Health Advisory Council
Meeting of October 16, 2019

The meeting was called to order at 4:00 p.m. by SHAC Chair, Paul Miller.

Members absent were: Lori Aviles, Natalie Aviles, Brooke Crisp, Charles Mooney

New SHAC Members: Natalie Aviles, Brooke Crisp, Amanda Cooper

Mission of the SHAC: Mr. Miller reviewed the mission and statutory requirements of the SHAC. The SHAC is to make policy recommendations to ensure that local community values are reflected in the health and wellness of the school community. An example of this is the development of the MISD Wellness Policy, as required by FFA (LEGAL) and adopted in November 2016 [See FFA (LOCAL)]. An additional statutory requirement from SB11 of the 86th Texas Legislature is for SHAC's to include recommendations to increase parental awareness of suicide-related risk factors and warning signs and available community suicide prevention services. This recommendation will be developed at the spring 2020 SHAC meeting and forwarded to the MISD Board of Trustees for consideration.

Required Meetings: As a District of Innovation [See AF (LEGAL) and AF (LOCAL)], McGregor ISD's SHAC is exempt from the requirement of BDF (LEGAL) that SHAC's meet four times each year. Districts of Innovation are required to meet once per school year. MISD's SHAC plans for a minimum of two meetings.

Lauren Westerfield, school nurse for the primary and elementary campuses, reported on the success of the recent district-wide flu shot campaign. She reported that over 100 individuals received their flu shots and that the number represented a 13% increase over the previous year.

Ms. Westerfield and secondary school nurse Amanda Franks reported that there have been only a few parents who have filed for exemption from the federal immunization requirement. Exemptions around the country have been on the rise and have been tied to the return of measles as a dangerous disease. Measles has not been an issue for the past decade, largely due to the effectiveness of immunization programs. However, the Center for Disease Control, CDC, has reported over 1,250 cases of measles in 31 states in the past year. The vast majority of cases have been in individuals who were not vaccinated against measles.

School Security: SB11 contains numerous requirements for districts to ensure a secure and safe environment exists on their campuses. Mr. Miller reported how MISD is responding to these requirements to aid in the safety and security of our campuses:

- A Threat Assessment Team has been put in place. Its purpose is to systematically identify persons of concern, gather information, assess situations, and execute a plan that is designed to address concerning behavior before it escalates to violence.
- Districts are now required to include a trauma-informed care provision in the District Improvement Plan. HB 496 piggybacks on this by requiring a protocol for school employees to follow in the event of a traumatic injury. Bleeding control kits must be available in easily accessible areas of the campus and TEA approved training must be provided.
- Discussions are continuing related to the hiring of a School Resource Officer.
- The district is moving toward the adoption of the ALICE school safety model. The acronym stands for Alert, Lockdown, Inform, Counter, Evacuate. The model prepares individuals to best handle the threat of an Active Shooter and the ALICE Instructor Team will provide face-to-face training.
- Both the Elementary school and the Jr. High will have security upgrades to their front entrances. The front doors will be electronically secured and visitors will have to be identified prior to being admitted to either facility.

Amanda Franks reported on the free electrocardiogram (ECG) testing program that MISD began this fall. Both boy and girl athletes had the opportunity to receive an ECG prior to beginning fall practices. Close to 80 student-athletes received their ECG's, which were read by a licensed physician. Beginning next school year, the cost for an ECG will be \$20 and the district will be working on a plan to help parents who cannot afford the service.

Mr. Miller led a discussion on the hazards of using e-cigarettes, commonly referred to as vaping. More and more individuals are reporting pulmonary problems associated with vaping and schools in McLennan County have been dealing with a rapid increase in the use of these devices. In order to address the vaping issue, the SHAC approved two resolutions, neither of which requires school board action.

1. Principals will include links on the dangers of vaping and how parents can talk with their children about vaping in their weekly parent newsletters.
2. MISD will now include nicotine as one of the substances to be screened for during random drug testing of students involved in extracurricular activities.

The next SHAC meeting will be in February, 2020, on a date to be decided.

The meeting was adjourned at 5:03 p.m.