







MCGREGOR HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 S - CHICKEN ON BUN S - LASAGNA W GRND BEEF S - STEAK FINGERS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS S - POTATO ROUNDS G - BAKED BEANS G - W/K CORN G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE	3 S - EGG ROLL S - BEEF ENCHILDAS S-CHICKEN NUGGETS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE SPANISH RICE G-MASHED POTATOES G-ROMAINE/SPINACH SALAD G - SEAS. PINTO BEANS G - W/K CORN G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA	4 S - FRITO PIE S - STEAK FINGERS S - CHICKEN SPAGHETTI S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S - CORNBREAD G-ROMAINE/SPINACH SALAD G-CARROT STICKS REFRIED BEANS G - W/K CORN G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA	5 S - CHICKEN FRIED STEAK S-CHICKEN NUGGETS S - TACO SALAD S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-MASHED POTATOES G - STEAMED BROCCOLI G - SEAS. GREEN BEANS G - W/K CORN G-ROMAINE/SPINACH SALAD G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE	6 S - CHEESE BURGER S-BEEF TACO S - FISH FINGERS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - LETTUCE & TOMATO G - SEAS. PINTO BEANS S - POTATO ROUNDS G-ROMAINE/SPINACH SALAD G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA
9 S-STEAK SANDWICH S - STEAK FINGERS S - TACO SALAD S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS G-QUICK BAKED POTATOES G - W/K CORN G - LETTUCE & TOMATO G - SEAS. GREEN BEANS G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH	10 S - CHICKEN, BARBECUED S-CHICKEN NUGGETS S - BEEF ENCHILDAS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G - SEAS. PINTO BEANS G - SCALLOPED POTATOES G - SEAS. GREEN BEANS G - W/K CORN G-ROMAINE/SPINACH SALAD G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE	11 S - FRITO PIE S - STEAK FINGERS S - CHICKEN PARMESAN S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S - CORNBREAD G-ROMAINE/SPINACH SALAD REFRIED BEANS G - W/K CORN G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%	12 S - SALISBURY STK & GRVY S-CHICKEN NUGGETS S - CHICKEN FAJITAS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CELERY STICKS G - W/K CORN G - SEAS. PINTO BEANS G-MASHED POTATOES G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE	13 S - CHEESE BURGER S - FISH FINGERS S - NACHOS W GROUND BEEF S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - LETTUCE & TOMATO S - POTATO ROUNDS G - W/K CORN G-CARROT STICKS G-ROMAINE/SPINACH SALAD G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE
16 S - CORN DOG S - STEAK FINGERS S - LASAGNA W GRND BEEF S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL S - AU GRATIN POTATOES G - BAKED BEANS G - W/K CORN G-CARROT STICKS G-ROMAINE/SPINACH SALAD G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE	17 SLOPPY JOE ON A ROLL S-CHICKEN NUGGETS S - BEEF ENCHILDAS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - SEAS. PINTO BEANS G - STEAMED BROCCOLI S - POTATO ROUNDS G-ROMAINE/SPINACH SALAD G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA	18 S - FRITO PIE S - STEAK FINGERS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S - CORNBREAD G - W/K CORN G - BLACK-EYED PEAS G-CARROT STICKS G-ROMAINE/SPINACH SALAD G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%	19 S - CHICKEN FRIED STEAK S - COMBO BURRITO S-CHICKEN NUGGETS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-MASHED POTATOES G - SEAS. GREEN BEANS G - W/K CORN G-ROMAINE/SPINACH SALAD G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA	20 S - CHEESE BURGER S - FISH FINGERS S - NACHOS W GROUND BEEF S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - LETTUCE & TOMATO S - POTATO ROUNDS G - W/K CORN G-CELERY STICKS G-ROMAINE/SPINACH SALAD G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE
23 S - CHICKEN ON BUN S - LASAGNA W GRND BEEF S - STEAK FINGERS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS S - POTATO ROUNDS G - BAKED BEANS G - W/K CORN G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE	24 S - EGG ROLL S - BEEF ENCHILDAS S-CHICKEN NUGGETS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE SPANISH RICE G-MASHED POTATOES G-ROMAINE/SPINACH SALAD G - SEAS. PINTO BEANS G - W/K CORN G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA	25 S - FRITO PIE S - STEAK FINGERS S - CHICKEN SPAGHETTI S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S - CORNBREAD G-ROMAINE/SPINACH SALAD G-CARROT STICKS REFRIED BEANS G - W/K CORN G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA	26 S - CHICKEN FRIED STEAK S-CHICKEN NUGGETS S - TACO SALAD S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-MASHED POTATOES G - STEAMED BROCCOLI G - SEAS. GREEN BEANS G - W/K CORN G-ROMAINE/SPINACH SALAD G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE	27 S - CHEESE BURGER S-BEEF TACO S - FISH FINGERS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - LETTUCE & TOMATO G - SEAS. PINTO BEANS S - POTATO ROUNDS G-ROMAINE/SPINACH SALAD G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE G RAINNY SMITH G-ORANGE G-BANANA
30 STUDENT HOLIDAY				

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